



Saturday, July 31	4:00	Tom & Daphene Mills
Sunday, Aug 1	7:30	Robert Warwick and Anna & Joseph Matthews
	9:00	Mark Duquette
	11:00	Carol Ann Engman
	5:00	People of the Parish
Monday, Aug 2	6:50	Fr. James Field
Thursday, Aug 5	6:50	Bernard Dunphy
Friday, Aug 6	6:50	Dr. Daniel J. Smith
Saturday, Aug 7	4:00	People of the Parish
Sunday, Aug 8	7:30	Maria Parks Felaccio
	9:00	Vincent, Angelina Santostefano and Norma J. Bell
	11:00	Jeanne Manning
	5:00	James and Donna Durfee



Your prompt attention to registrations mailed last month is greatly appreciated. Families who are new to the parish and would like to enroll their children in the Religious Education Program are asked to call the office at 781-871-1244 and leave a message so that we may mail you a registration.

As a reminder, all balances for 2009/2010 must be paid before the forthcoming registrations can be processed.



2010-11 School Year

There are still some seats available in all grades except second at Holy Family School. If you would like more information, call the school office at 781-878-1154.

REMEMBER IN YOUR PRAYERS THE RECENTLY DEPARTED

Raymond Parks, Marguerite McDonald and Ruth Gibbons



BREADS AND WINE

The breads and wine for the month of August are in memory of Tom and Daphene Mills and John and Rita Melvin lovingly donated by Rebecca and John Melvin.



24 HOUR ADORATION

Exposition of the Blessed Sacrament will be held this Friday, August 6th after the 9 a.m. Mass and will continue until the 9 a.m. Mass on Saturday. Please use the sign-up sheets located in the Upper Church foyer to ensure coverage during this 24 hour time period. Thank you.

WHAT WOULD JESUS DO?

Please join Father Jim Hickey and Jack Henry on Wednesday evening at 6:30 p.m. and Thursday morning at 10:00 a.m. for "What Would Jesus Do?"

Readings for the Week of August 1, 2010

Sunday:	Ecc1 1:2; 2:21-23/Col 3:1-5, 9-11/Lk 12:13-21
Monday:	Jer 28:1-17/Mt 14:13-21
Tuesday:	Jer 30:1-2, 12-15, 18-22/Mt 14:22-36 or 15:1-2, 10-14
Wednesday:	Jer 31:1-7/Mt 15:21-28
Thursday:	Jer 31:31-34/Mt 16:13-23
Friday:	Dn 7:9-10, 13-14/2 Pt 1:16-19/Lk 9:28b-36
Saturday:	Hb 1:12---2:4/Mt 17:14-20
Next Sunday:	Wis 18:6-9/Heb 11:1-2, 8-19 or 11:1-2, 8-12/Lk 12:32-48 or 12:35-40

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MASS TIMES FOR TRAVELERS

When you are traveling or on vacation this summer and looking for parish information such as location and Mass schedule go to the website: www.masstimes.org.

AVAILABLE IN THE PARISH INFORMATION CENTER

Summer Programs at Thomas More College – Merrimack, NH

The Catholic Leadership Institute
The Way of Beauty Atelier
The Collegiate Program

Genesis House

New listings of retreats and prayer programs.

St. Joseph Retreat Center – Cohasset, MA

Information on Morning Prayer Programs and Private Days of Prayer

St. John Seminary – 147 Washington St., Brighton

Summer classes being offered:
Priesthood of Christ in the Letter of Hebrews
Basic Truths of the Catholic Church

Tidings: Summer News Letter from St. Joseph Retreat Center in Cohasset

CATECHETICAL CERTIFICATE
Theology of Evangelization

Do you want to know more about your faith? Consider taking this 8 session course about:

- Evangelization
- Liturgy and Sacraments
- Scripture
- Morality
- The Trinity
- Prayer
- Jesus Christ

Practical skills on how to explain the Catholic faith

Where: Archdiocesan Pastoral Center, Braintree
When: September 2010 – May 2011

Brochures in the Parish Center

FAMILY NOTES XVIII Sunday in Ordinary Time, August 1, 2010

REFLECTIONS OF A 16 YEAR OLD – A CHOICE FOR NON-VIOLENCE

They say that life is heartless and it isn't afraid to hurt anyone. They also say "be ready for anything". I myself have been told that as long as you don't stick your nose where it doesn't belong, then people will respect you... because you always get what you deserve... I learned that was not true. There are people that don't abide by those rules.

The day will forever be in my memory as long as I live due to the emotions that ran through my head. It was May 11, 2010, between 3:00 PM and 4:00 PM. My family and I had recently moved to a new location within the neighborhood and I needed some house keys for our new place. My mother gave me her keys and so I headed off to make a copy of them. I traveled to 47th and Wood to a local store which sold copies of keys. After getting my copy, I left and walked down the street to my home.

As I headed off home, I heard these two guys say "hey homes where u goin?" The voices were unfamiliar, and since there was a guy in front of me, I assumed the question was meant for him, but it became apparent it was for me. I turned and saw that it was two guys that had stopped me and they were about my age, just that they were very short in height, and by the way they were dressed, I could tell they weren't my kind. He asked again where I was going. I simply told him not to worry about it and walked away. Four seconds after I walked, his fist landed on the back of my head. The hit didn't get me to the floor, but just nudge me a bit forward. I turned to him, with anger, and started getting ready to fight. I saw his face was half filled with shock that the floor didn't touch my face; the other half was filled with excitement of him thinking he was going to get in a fight.

I remembered what I learned from Fr. Bruce then, if we continue to respond to conflicts with violence, then there will just be more violence. I stopped myself from fighting, but refused to walk away. The guys must have lost interest in me as they walked away, calling me names, and laughing like maniacs.

I continued to walk home, people told me along the way to not listen to them, and I did the right thing. All I felt was the feeling of being ashamed. It stood in my head; I started thinking that I should have fought back. Then I ran into Fr. Bruce and I told him what happened. He told me that it was better off doing what I did. I realized then that I was better off doing that. If I fought back they would have done a 2 on 1 fight and I could have been hurt and not have been able to get home. I would have been a target to a bunch of guys of their kind. I knew that I was better than that, I deserve better, and lowering my fist was the only way to get (home safely).

I hope everyone knows that violence will only come back to you and give you what you gave. They say to remember the golden rule, "Treat people the way you want to be treated". I know that when you receive bad, don't give it back, God will do that, you just worry about returning the good. Today, I am really proud of myself for making the smart choice of not giving violence, my life would have been very different, and so I hope YOU make the same choice I did if you have to.

16 year old **man**
of the Back of the Yards.

The Father Bruce L. Wellems. C.M.F. mentioned by the teen who wrote this article is the pastor of Holy Cross/Immaculate Heart of Mary Parish in the Back of the Yards section of Chicago, one of the poorest and most violent sections of the city. Holy Family often sends along some support for HC/IHM.

God bless. JFH

OFFERING EVERYTHING UP

We have been reading the Letter of Paul to the Colossians these July Sundays. One of Saint Paul's teachings is that he can "offer up" his sufferings, indeed all his life as a spiritual sacrifice to God for the Church. He speaks of this in Colossians 1:24, "I rejoice in my sufferings for your sake, and in my flesh I am filling up what is lacking in the afflictions of Christ for the sake of his body . . . the Church." He exhorts us in Romans 12:2, "I urge you therefore, brothers and sisters, by the mercies of God, to offer your bodies as a living sacrifice, holy and pleasing to God, your spiritual worship." This concept, of course, is central to Christianity since Jesus saved us by offering Himself and His sufferings to the Father for our salvation. And our lives are to imitate Christ's. Thus, I recommend to all as a lovely way of "offering up" everything of every day to God, the following daily prayer.

THE MORNING OFFERING

O Jesus, through the Immaculate Heart of Mary, I offer You my prayers, works, joys and sufferings of this day for all the intentions of Your Sacred Heart, in union with the Holy Sacrifice of the Mass throughout the world, in reparation for all my sins, for the intentions of all our associates, and in particular for the intention of our Holy Father, Pope Benedict. Amen.

Concerning the "intention of our Holy Father", there is a specific intention which the Holy Father asks Catholics to pray for each month. The General Intention for July: That the election of officials in all nations may be carried out with justice, transparency, and honesty, respecting the free decisions of citizens. And the Mission Intention for July: That Christians may strive to offer everywhere, but especially in the great urban centers, an effective contribution to the promotion of education, justice, solidarity and peace.

JFH

**SISTERS OF ST. JOSEPH
PRAYER LINE**

Call and ask for prayers for someone you know. You can find comfort and support by talking with one of the Sisters, and know they will pray each day for your intention. Sometimes speaking with someone helps when illness, worry or concern touches our families and friends.

1-617-746-2054
Monday – Friday
8:00 a.m. – 5:00 p.m.
or email : prayer.request@csjboston.org

OFFICE OF WORSHIP AND SPIRITUAL LIFE

As you may be aware, the Office of Worship and Spiritual Life, (formerly The Office of Spiritual Development) has developed an eight week guided prayer experience based on the Spiritual Exercises of St. Ignatius. This program has recently been published by Loyola Press and is now called **Meeting Christ in Prayer**. It leads participants through a prayerful consideration of the person of Jesus Christ and our incorporation into his life and mission. It calls for a commitment of 8 weeks of daily prayer, 8 weekly meetings and Faith sharing. Thousands of people throughout the Archdiocese have participated in this program.

The program will take place at the Pastoral Center, 66 Brooks Drive, Braintree on Wednesday mornings at 10:30 a.m., September 15 – November 3, 2010.

For further information and to register call: 617-779-3648 or email: sdarcy@rcab.org.

ARE YOU INTERESTED IN BECOMING CATHOLIC?

Maybe you have found yourself drawn to the Church and the sacraments. Maybe you were baptized in the Catholic Church but never made your First Communion or were never Confirmed, or maybe you know someone who is interested in becoming a Catholic. Our Rite of Christian Initiation for Adults (RCIA) might be just what you are looking for.

The program is designed to help you grow in your knowledge and love of Jesus Christ and His Church. We will be starting this year's program in September which will culminate at next year's Easter Vigil. If you have any questions or are interested, please call Janet Hickey @ 781-718-4684.

PASTORAL CARE TO THE SICK & HOMEBOUND



St. Mary of the Nativity, Scituate
Tuesdays, September 14 to October 19, 2010
7:00 – 9:00 p.m.

This workshop is for volunteers who minister to the sick, homebound, or parishioners in nursing homes. Please contact Teresa at the rectory (781) 878-0160 by September 7th to register.



"But God said to him, 'You fool, this night your life will be demanded of you; and the things you have prepared, to whom will they belong?' Thus will it be for all who store up treasure for themselves but are not rich in what matters to God." - Lk 12:20-21



Sunday Aug 1	5PM	LifeTeen Mass
	6:30-8:00	LifeNight
Tuesday Aug 3	6-7PM	Pizza & Prayer

Before the Cross – Good Catholics cannot be pro-choice; The Fifth Commandment demands respect for life as God's most precious gift

Created 07/06/2010

By Archbishop Robert J. Carlson

God's law in the Old Testament is clear and unambiguous: You shall not kill. Jesus is even more demanding: Every one who is angry is liable to judgment.

Sins against the Fifth Commandment are easy to commit. Any time we think, speak or act out of anger or hatred or jealousy or revenge, we abuse God's commandment that we respect His most precious gift, the gift of life — especially human life.

Human life is sacred because, from its beginning until its natural end, it involves the creative action of God. The Fifth Commandment forbids direct and intentional killing as gravely sinful. God alone is the Lord of life. No one has the right to end arbitrarily what God has begun, and sustained, through the gift of His love.

In the account of Abel's murder by Cain (Genesis 4:8-12), Scripture reveals the presence of anger and envy in humankind, consequences of original sin, from the beginning of recorded history. God declares this as wicked, and He asks the question to be answered over the ages: "What have you done?" Today this question is asked not only of those who kill someone, but also of those responsible for violence, anger, hatred and vengeance in any form.

It is a shame that there are so many violent words expressed between members of the same family day in and day out. Anger and intolerance are also pervasive in our Church and in society. Such attitudes are destructive and sinful. They are of the Evil One and not of God.

The Fifth Commandment does not stop someone from self defense, because someone who defends his or her own life is not guilty of murder. Legitimate defense can be not only a right but also a grave duty for someone responsible for another's life, the common good of the family or the security of a nation. We risk our lives to protect ourselves and others because we value human life and freedom so dearly. They are gifts from God that we are bound to cherish and defend.

Since the first century, the Church has addressed the moral evil of abortion and the killing of a defenseless baby in the womb. People who are casual about the sin of abortion and who choose to view it as a political issue rather than the serious moral issue that it is are guilty of violating the Fifth

Commandment. You cannot be "pro-choice" (pro-abortion) and remain a Catholic in good standing. That's why the Church asks those who maintain this position not to receive holy Communion. We are not being mean or judgmental, we are simply acknowledging the fact that such a stance is objectively and seriously sinful and is radically inconsistent with the Christian way of life.

The Fathers of the Second Vatican Council said, "God, the Lord of life, has entrusted to men the noble mission of safeguarding life, and human life must be protected with the utmost care from the moment of conception: Abortion and infanticide are abominable crimes" ("Gaudium et Spes," No. 51.3). That's why formal cooperation in an abortion constitutes a grave offense. The Church attaches the canonical penalty of excommunication to this crime against human life (see canons 1398, 1314, and 1323-1324).

The Fifth Commandment also directs us to work for justice and peace — avoiding war whenever possible — and to limit the use of capital punishment to the most extreme (and rare) circumstances required to protect human life. Only God has the right to take the life of another human being. When we take that action into our own hands — in self-defense or in defense of others — we had better be sure that all other options have been exhausted!

In addition, euthanasia or deliberately taking of the life of someone who is sick, dying, disabled or mentally ill is morally unacceptable. The Church calls for the ordinary care owed to a sick person, but medical procedures that are burdensome, dangerous or extraordinary are not necessary. If you are unsure about the moral implications of health care procedures that are being proposed for someone you love, contact your pastor or the Archdiocese's Respect Life Apostolate. They will be happy to help you consider approaches that are in accordance with our Church's teaching about care for those who are sick or dying.

PREGNANCY HELP

Pregnancy Help is a crisis pregnancy center sponsored by the Archdiocese of Boston. Trained and caring counselors are available to assist any woman experiencing an unplanned or crisis pregnancy. **Pregnancy Help** provides free pregnancy testing, counseling, referrals, on-going support and material assistance to support women in finding alternatives to abortion. All services are free and confidential. Services are available for English, Spanish, and Portuguese speaking clients. For assistance call toll free: 1-888-771-3914.

"JESUS IN THE NORTH END"

All college students and young adults (20's and 30's) are invited to join us for the next "Jesus in the North End" on Friday, August 20th at St. Leonard of Port Maurice Parish in the North End of Boston. Adoration of the Blessed Sacrament will begin at 7:30 p.m., followed by Mass at 9 p.m. celebrated by Fr. Matt Williams. Immediately following Mass, please join us for fellowship at local North End cafes. For more information, please contact The Office for the New Evangelization at youngadults@rcab.org or visit www.oymboston.org.