

March 22, 2020

Dear Families,

Blessings to you on this 4th Sunday of Lent. I wanted to follow up on my email from last week regarding the Pflaum Gospel Weeklies. My understanding was that Pflaum was going to make the materials available without our account number, but it appears that you will need it to create a Login and sign in. Please use 1140301 when setting up your account to access your child's materials. Please let me know if you are still having trouble logging on.

Also, I wanted to let you know that our local cable network WRPS taped Father Hickey's Sunday Mass. You can find it on Comcast Channel 15 and Verizon Ch 32 for those who live in Rockland. It will be played back throughout the week in case you can't watch tonight at 5:00 PM. The playback schedule is: Monday, Wednesday, Friday - 9AM, 12 PM, 8PM ; Saturdays- 9 AM, 4 PM. We will be recording Mass each week going forward and it will be available on cable on Sundays at our regular Mass times: 7:30 AM, 10 AM, 5 PM. We are working to get our own YouTube channel to post it to so that those who do not have access to those cable channels can also watch. I have attached the Prayer of Spiritual Communion for all of us while we are unable to receive Holy Eucharist at Mass. Please consider praying it daily as a family.

I have attached to this email two documents with some tips on talking with our children and adolescents about fear. "Talking with Our Children About Fear" is intended for children in K-5 grade. "Talking with Our Youth About Fear" is intended for grades 6 and up. I am including both in case you have children, relatives or neighbors who might benefit from one or the other. Please feel free to share.

Lastly, I will be sending out a new lesson for all students on Tuesday. Please look for it along with some fun activities, movies etc. for all. Please let me know if you have any questions or if we can assist your family in anyway during these difficult times. We continue to prayer for health and safety for all our families and offer prayers of gratitude for all those that are working around the world to aid those affected by the Coronavirus.

Yours in Christ,
Liz



Prayer for Spiritual Communion

My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You.

Amen.