

Lesson for Sunday, February 28, 2021 (The 2nd Sunday of Lent)

Dear K-1 Promise Families,

Blessings to each of you. I am praying that you are well and having a good week! Please find below the outline to this week's lesson for your child. Do not hesitate to reach out if you are having difficulty with anything or need clarification. Also, the final quarter of materials is now available to pick up at the office. Please call or email to set up a time to stop by and we will run the materials out to you.

- We are working this week on the February 28th Pflaum Gospel weekly lesson.
- The complete lesson can be found by going to the Holy Family website at holyfamilyrockland.org. Hover over the Menu button on the right corner of the main landing page and then Click on Faith Formation. Next, choose your child's grade level, **Grade K-1 Promise**. Everything you need for the week is found there: (Remember, I will always give you lots of options – you do what you can get to each week based on your family's schedule and your child's abilities.)
 1. Links to the Parent Teaching Guide pages to help you help your children each week.
 2. A digital copy of their lesson (they have the hard copy that you picked up for them)
 3. A video clip and activities to support the lesson.
 4. Prayers: For the season of Lent we will be focusing each day on our Lenten plan that you are making this week with your child. Each night when you say your prayers together spend time reviewing the day – what did you do well – what can you do better tomorrow. Say the Act of Contrition. Discuss your Lenten plan: did you **FAST** from what you said you would, did you make time for more **PRAYER**, did you **GIVE** of yourself generously to others?

This Sunday's Gospel Mark 9:2–10: In today's Gospel we hear about a time when Jesus was revealed to his disciples as the Son of God. This important event in the life of Jesus and his disciples is called the Transfiguration. In this event a voice from heaven (God) revealed that Jesus is God's Son. For one moment, everything that the disciples were learning about Jesus seemed clear.

We might also have moments like this in our lives, moments when we feel like we are certain about what we believe. But like Peter, we might not know what to do with this. We may not understand what we have experienced until later. The disciples reflected on the Transfiguration and came to understand even more clearly what had been revealed to them about Jesus—that he was the Son of God who died and rose for our salvation. We are transformed by the power of Jesus' Death and Resurrection. Each season of Lent is another springtime in our journey of faith—growing to be people who are like Jesus.

Promise (Grades K–1) Lesson Summary: (The complete lesson can be found on your child's webpage under Parent Guide.) The lesson this week explores the idea of change and growth. Talk with your child about the many ways he or she has grown over the past year. Help your child put together the booklet that on pages 3-4 that shows how to make a difference. Discuss ways you can help one another when family members are grouchy or sad.

Lastly, and most important: Please make a point of signing up to attend 10:00 AM Sunday Mass in person (if your family is comfortable with that) or watching Mass together as a family this week (preferably on Sunday). The easiest way to access the Mass recording is on our website. It is also showing on local cable WRPS. We always want our children to make the connection, like the great Road to Emmaus story in the Bible (Luke 24: 13-35), that we learn the scripture readings and then we celebrate Eucharist in the Mass – even if it is Spiritual Communion during this time of the pandemic.

We miss you! We love you! Please let us know if we can help in any way to make this process as smooth as possible for your family. We continue to pray for the health and safety of all our families and offer prayers of gratitude for all those that are working here in our area and around the world to administer vaccines and aid those affected by the Coronavirus. **God bless you!**

Yours in Christ,
Mrs. Liz Davis