

Lesson for Sunday, March 7, 2021 (The 3rd Sunday of Lent)

Dear K-1 Promise Families,

Blessings to each of you. I am praying that you are well and having a good week! Please find below the outline to this week's lesson for your child. Do not hesitate to reach out if you are having difficulty with anything or need clarification. **Also, the final quarter of materials is now available to pick up at the office. Please call or email to set up a time to stop by and we will run the materials out to you. Thank you to those who have already picked up!**

- We are working this week on the March 7th Pflaum Gospel weekly lesson.
- The complete lesson can be found by going to the Holy Family website at holymfamilyrockland.org. Hover over the Menu button on the right corner of the main landing page and then Click on Faith Formation. Next, choose your child's grade level, **Grade K-1 Promise**. Everything you need for the week is found there: (Remember, I will always give you lots of options – you do what you can get to each week based on your family's schedule and your child's abilities.)
 1. Links to the Parent Teaching Guide pages to help you help your children each week.
 2. A digital copy of their lesson (they have the hard copy that you picked up for them)
 3. A video clip and activities to support the lesson.
 4. Prayers: For the season of Lent we will be focusing each day on our Lenten plan that you are making this week with your child. Each night when you say your prayers together spend time reviewing the day – what did you do well – what can you do better tomorrow. Say the Act of Contrition. Discuss your Lenten plan: did you **FAST** from what you said you would, did you make time for more **PRAYER**, did you **GIVE** of yourself generously to others?

This Sunday's Gospels: John 2:13–25 In this Sunday's Gospel, Jesus reminded the buyers and sellers that the Temple is his Father's house and a place of prayer. Jesus makes it clear that the real temple of God lies within us. His cleansing of the Temple in Jerusalem calls us all to cleanse ourselves. We have the days of Lent to make a special effort to become less selfish and more loving—to renew and deepen our covenant (promise) with God.

Promise (Grades K–1) Lesson Summary: (The complete lesson can be found on your child's webpage under Parent Guide.) Jesus reminded the buyers and sellers that the Temple is his Father's house and a place of prayer. Concentrate this week on finding a time for family prayer— mealtime, bedtime, early morning. Be sure that you include in your prayers the needs of people you know or needs of people who are suffering in your community or around the world. Use the Stations of the Cross booklet that you picked up with your child's 4th quarter materials as a form of prayer this week. Have your child color a page each day this week and next week and talk about what is happening to Jesus in the last hours of his life.

Pray Together: Try as a family as part of your Lenten plan this week to make time to watch and pray the Stations of the Cross with Father Hickey. Review your Lenten plan and spend some time on your prayer, fasting and almsgiving.

Lastly, and most important: Please make a point of signing up to attend 10:00 AM Sunday Mass in person (if your family is comfortable with that) or watching Mass together as a family this week (preferably on Sunday). The easiest way to access the Mass recording is on our website. It is also showing on local cable WRPS. We always want our children to make the connection, like the great Road to Emmaus story in the Bible (Luke 24: 13-35), that we learn the scripture readings and then we celebrate Eucharist in the Mass – even if it is Spiritual Communion during this time of the pandemic.

We miss you! We love you! Please let us know if we can help in any way to make this process as smooth as possible for your family. We continue to pray for the health and safety of all our families and offer prayers of gratitude for all those that are working here in our area and around the world to administer vaccines and aid those affected by the Coronavirus. **God bless you!**

Yours in Christ,
Mrs. Liz Davis