

## Lesson for Sunday, January 30, 2022 (The 4<sup>th</sup> Sunday in Ordinary Time)

Dear K-1 Promise Families,

Blessings to each of you. I am praying that you are well and having a good week. Please find below the outline to this week's home lesson for your child. Remember, we are hoping to return to in-person classes the week of February 6, 2022. Do not hesitate to reach out if you are having difficulty with anything or need clarification.

- We are working this week on the January 30<sup>th</sup> Promise Pflaum Gospel weekly lesson.
- The complete lesson can be found by going to the Holy Family website at [holyfamilyrockland.org](http://holyfamilyrockland.org). Hover over the Menu button on the right corner of the main landing page and then Click on Faith Formation. Next, choose your child's grade level, **Grade K-1 Promise**. Everything you need for the week is found there: (Remember, I will always give you many options – you do what you can get to each week based on your family's schedule and your child's abilities.)
  1. Links to the Parent Teaching Guide pages to help you help your children each week
  2. A digital copy of their lesson. Everyone should have picked up hard copies of the lesson from our office over the past few weeks.
  3. A video clip and activities to support the lesson.
  4. Prayers: Please continue working with your child on the Sign of the Cross, The Our Father and the Hail Mary.
- **This Sunday's Gospel: Luke 4:21–30** The Gospel for this Sunday continues where we left off last Sunday. Jesus has just finished reading the Scripture to those gathered in the synagogue in His hometown of Nazareth. He tells the Good News of God's favor and kindness toward all people. But Jesus' message is rejected because he is just the son of a carpenter. Everyone faces rejection at one time or another. We all can be deeply hurt by rejection. One of the lessons of today's Gospel is to avoid rejecting others or prejudging them.
- **Promise (Grades K–1):** (The complete lesson can be found on your child's webpage.) This week you and your child will learn that when we have problems, we can help each other make it better. Talk together as a family about how it feels to have a problem. Talk, too, about how to settle arguments and disagreements—ways to make difficult situations better. Read together the Forgiveness Prayer from this week's lesson.
- **Pray Together:** Remember to pray with your children each day this week. When you complete your conversation about the week's Gospel lesson, gather in a comfortable spot in your home. Let each person in the family ask in his or her own words for God's help in accepting people and not rejecting them. Pray for people who feel rejected, alone, or afraid.

**Lastly, and most important:** If you are unable to attend Mass in person due to illness make sure that you watch Mass together as a family on Sunday. The easiest way to access the Mass recording is on our website. It is also shown on local cable WRPS. And as always, I will email the link to you on Saturday evening/early Sunday morning.

Please let us know if we can help in any way to make this process as smooth as possible for your family. We are still hoping for a return to in-person classes the week of February 6<sup>th</sup>. We continue to pray for the health and safety of all our families and offer prayers of gratitude for all those that are working here in our area and around the world to aid those affected by this latest surge of the virus.

Yours in Christ,  
Mrs. Liz Davis